Jap Sahib

Part 1: Gurmukhi with Translitteration & Synopsis of Seven different English Translations with Colour-Code Dictionary

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Introduction

Duality, Polarity and the Thou Path-to-Beyond

In this line of our Guru Nanak's Jap sings of Jaya(ti) - the persistent experience of the human being in duality: Mental activity dominates self perception, and duality is the very nature of the human mind. We are constantly experiencing and judging the world around us through our lust, attraction and repulsion, positive and negative mind. The neutral mind, intuition, the voice of the heart, which can transcend the dualistic perception of the world, is the Thou Path-to-Beyond. Both are the 49th and Guidance of Balance (the Hukam), are rarely developed and used.

The teachings for full yogi often give pairs of balancing polarities which help to transcend duality through mental paradox and contradiction: Love and detachment, wisdom and innocence, awareness and primitivity, Bana - Bani (code appearance and sign - inner purification and reconstruction through the Divine word), Sehaj (spontaneous, natural, effortless) and Sahaj (with discipline), Kartaa - Akartaa (doer, maker and creator - and non-doer), Bhaanaa - Bhaanaa (acceptance and rejection, responsibility and responsibility), grown and bride, husband and wife, male and female, Shiv and Shakti, Shiv - Shakti, Ardh-Nareshwar, Yin and Yang, Ik Oankaar and Sat Naam.

The teachings encourage the student to strive in work (kirat karnee), music, meditation (naam), service (sewa) and generosity (vand chhakno) in order to prepare for the marriage with the forgotten Beloved, the Bridegroom Lord. The Lord is the Husband and the Soul is the bride. He is the Lover and the Soul is the beloved. The simultaneous cultivation of humility and courage, of necessary action and of surrendering to the Will of the Lord (Hukam), of the Lord's Grace (Kirpaa) and of self-responsibility seem paradoxical to the rational mind, but are the very means to transcend the mind's dualistic perception and to experience the impossibility of a true student to ever be on the path-side of attachment. The Beyond is the Lord Himself. The Lord is the death of the illusionary being of the student - the ego - before the Lord can be the Life of the student's soul. Only the Lord is the "right" in any situation would comfort and strengthen the ego and would be counterproductive to this most difficult long-term purpose.

Both are the warring chapters of two treasures of Divine revelation, the Guru Granth Sahib Ji and the Sri Dasam Granth, which are to be read again a year of brother and sister, mother and father, two rings to each one, songs by Sikh compositions are usually read together with the Jap Sahib and the Chaupai Sahib, which is the 5th and 6th chapter of the Dasam ceremony, which is the 5th and 6th chapter of the Dasam ceremony, which is the 5th and 6th chapter of the Dasam ceremony

ਸਾਚੀ ਸੰਗਤ ਪਾਈ ਪੂਰੈ ਭਾਗਿ ॥ ਪੂਰਨ ਹੋਈ ਆਸ ਮਿਲਿਆ ਹਰਿ ਜਾਗਿ ॥ ਸਾਚੀ ਸੰਗਤ ਪਾਈ ਪੂਰੈ ਭਾਗਿ ॥ ਪੂਰਨ ਹੋਈ ਆਸ ਮਿਲਿਆ ਹਰਿ ਜਾਗਿ ॥ ਸਾਚੀ ਸੰਗਤ ਪਾਈ ਪੂਰੈ ਭਾਗਿ ॥ ਪੂਰਨ ਹੋਈ ਆਸ ਮਿਲਿਆ ਹਰਿ ਜਾਗਿ ॥